

The list

Avoid snacks that contain peanuts, peanut oil, or peanut butter or other nuts. This includes snacks with almonds, coconuts, filberts, Brazil nuts, cashews, hazelnuts, macadamia nut, pecans, pine nuts, pistachios, and walnuts or any other tree-nuts not listed .

Read labels entire ingredients carefully to make sure the products are nut free. Snack labels or Food labels that read "MAY CONTAIN TRACES OF PEANUTS/NUTS" or "PROCESSED IN A FACILITY THAT PROCESSES PRODUCTS THAT CONTAIN PEANUTS/TREENUTS" or names the Treenut or treenuts are NOT acceptable!

Thank you for your consideration and support in keeping the food-allergic child safe from having a life threatening allergic reaction at school.

This is an examples of food items and candy that is peanut and treenut free as of 8-6-2018. Even if a food is listed here , you must read each label every time you send food to your child's school. The main thing is not the barcode on this list. The most important thing is reading the entire ingredients label of any product.

A.) Some Examples of safe Entenmanns brand Peanut /Treenut Free Products so far . *However Entenmanns brand does have products that aren't peanut & tree nut free on the shelf . product lines can also change. Reading Entire Label each time any item is bought is best way to be 100% sure.*

1. Entenmann's Little Bites Muffins - **Chocolate Chip Muffins**

2. Entenmann's Little Bites Muffins- **Blueberry Muffins**

B.) Some Examples of Hostess brand Safe Peanut /Treenut Free Products so far . *However Hostess brand does have products that aren't peanut & tree nut free on the same shelf . The product lines can also change. Reading Entire Label each time any item is bought is to be 100%.*

Some Examples of Safe Peanut /Treenut Free Products so far.

1. Hostess brands- barcode [88810911309](#) -**Mini Muffins blueberry - 20 muffins to 5 pouches**

2. Hostess brand - barcode 888109110789- **Golden Cupcakes**

3. Hostess brand -barcode 888109110109- **Cupcakes chocolate with creamy filling in a box**

4. Hostess brand- barcode 888109112998- **Twinkies Golden Sponge cake with creamy filling**

5. Hostess brand- barcode 888109112998- **Twinkies Golden Sponge cake with creamy filling**

6. Hostess brand- **Twinkie?s Chocolate Cake with creme filling.**

7. Hostess brand- barcode 888109112998- **Twinkies Golden Sponge cake with creamy filling**

8. Hostess brand- **Cinnamon Streusel Coffee Cakes 8 individually wrapper cakes**

9. Hostess brand- barcode 888109110444- **Hostess Snack Size Apple Fruit Pies (12 individually wrapped pies**

10. Hostess brand - barcode [888109110659](#)
Hostess Donettes Glazed Mini Donuts 10.5 oz bag -

11. Hostess brand - barcode [888109011720](#)
2.12 oz bag Hostess Bakery Petites cookie thins fudge blonde treats

12. Hostess brand - barcode [888109011697](#)
2.12 oz bag Hostess Bakery Petites chocolate brownie thins, crispy thins

- 13 . **Hostess brand - Individual 4.75 oz jumbo glazed honey bun barcode [888109010171](#)**

C.) Some Examples of Safe Nabisco brand Peanut /Treenut Free Products so far
. However Nabisco brand for Oreo cookies does have products that aren?t peanut

& tree nut free on the shelf . The product lines can also change. Reading Entire Label is best way to be 100%.

1. NABISCO Brand, Distributed by Mondelez- Barcode [044000032029](#) - **Oreo Milk?s Favorite Cookie, chocolate sandwich cookies.**

2. NABISCO Brand, Distributed by Mondelez- Barcode [044000032029](#) - **Oreo Milk?s Favorite Cookie, chocolate**

3. NABISCO Brand, Distributed by Mondelez- Barcode [044000032029](#) - **Oreo Milk?s Favorite Cookie, chocolate sandwich cookies.**

4. NABISCO Brand, Distributed by Mondelez- Barcode [044000032142](#) **Oreo Mini container Milk?s Favorite Cookie, chocolate sandwich cookies.**

5. NABISCO Brand, Distributed by Mondelez, International Barcode 044000031015- **Oreo Lemon Creme Sandwich Cookies.**

6. NABISCO Brand, Distributed by Mondelez- Barcode 044000044541- **Oreo Red Velvet Cream Cheese flavored sandwich cookies.**

7. NABISCO Brand, Distributed by Mondelez- Barcode 044000032715- **Oreo Birthday Cake creme flavor chocolate sandwich cookies.**

D) 1. NABISCO Brand, Distributed by Mondelez- Barcode [044000046607](#) Newton?s 100% Whole Grain Strawberry Fig Newtons

E.)Some Examples of Safe Keebler brand Peanut /Treenut Free Products so far . *However Keebler & Kellogg?s brand does have products that aren?t peanut & tree nut free on the shelf . The product lines can also change. Reading Entire Label is each time is the best way to be 100%.*

1. Keebler brand - **Original Fudge Striped cookies.**

2. Keebler brand - **Fudge Stripes Vanilladon cookies.**

3. Keebler brand- Barcode [03010001610](#) - **Deluxe Graham's Fudge Covered Graham Crackers**
4. Keebler brand- Barcode 03010005801-**Fudge Sticks Original Fudge Covered Creme Wafers**
5. Keebler brand- Barcode 03010011913- **Fudge Stripes Chocolate Caramel cookies**
6. Keebler brand - **Whoopsy Fudge Stripes cookies.**
7. Keebler brand- Barcode 030100540946-**Vienna Fingers Creme Filled**
8. Keebler brand- **E.L.Fudge Elfwich double stuffed cookies**
9. Keebler Original Club Crackers - Distributed by Kellogg's
10. Keebler Original Snack Stacks Club Crackers - Distributed by Kellogg's
11. Kellogg's brand - **Cheez IT Original and White Cheddar.**
12. Kellogg, Distributed by Sunshine Biscuits - **Cheez IT sharp white cheddar Grooves crispy cracker chips.**
13. **Distributed by Kellogg's only - Kellogg's Nutri Grain soft baked breakfast bars flavors blueberry , Strawberry, Mixed Berry , Apple Cinnamon-**
14. Kellogg's Cocoa Krispies Treats Crispy Marshmallow Squares Chocolate - Distributed by Kellogg's brand.
15. Keebler brand- Scooby Doo Bake Cinnamon Graham Cracker Sticks. Distributed by Kellogg's

16. Keebler brand - Disney graham crackers cinnamon - Distributed by Kellogg's

17. Kellogg's Original Rice Krispy Treats(read entire label

F) Some Examples of Safe Peanut /Tree nut Free Cookies so far . ***However NABISCO brand Chips Ahoy does have products that aren't peanut & tree nut free on the shelf . The product lines can also change. Reading Entire Label each time is the best way to be 100%.***

1. NABISCO Brand, Distributed by Mondelez- Barcode 044000032197- **Chips Ahoy original real chocolate chip cookies .**

2. NABISCO Brand, Distributed by Mondelez- Barcode 044000020279- **Mini Chips Ahoy original 12 cookie packs to each individual cookie packs**

3. NABISCO Brand, Distributed by Mondelez- Barcode 044000052225- **Chips Ahoy Original real chocolate chip cookies,4 Cookies to each individual pack. 12 packs to each box.**

4. NABISCO Brand, Distributed by Mondelez- **Chips Ahoy Chewy chocolate chip cookies**

5. NABISCO Brand, Distributed by Mondelez- Barcode 04400004466- **Chip Ahoy Soft Chunky Cookies Orginal.**

6. NABISCO Brand, Distributed by Mondelez- barcode 044000032227- **Chips Ahoy White Fudge Chunky Cookies**

7. NABISCO Brand, Distributed by Mondelez- barcode [044000027354](#) **Nilla wafers, along with NABISCO brand Nilla wafers mini**

8. NABISCO Brand, Distributed by Mondelez-**Teddy Graham's in Chocolate, Cinnamon, Chocolatey Chip favors and Honey**

G.) Barnum's Animals Crackers, Distributed by Mondelez

H.) Some Examples of Safe Peanut /Treenut Free Donuts and flavored pies so far
. However Tasty Baking brand TastyKake does have products that aren't peanut & tree nut free on the shelf. The product lines can also change. Reading Entire Label each time is the best way to be 100%.

Distributed by Tasty Baking Company-

1. TastyKake powered sugar Mini donuts single pack or 10 oz bag. Barcode [02560000786](#)

2. TastyKake Birthday Kake Flavored mini donuts (limited edition) 11.5 oz bag barcode [025600089774](#)

3. TastyKake Blueberry Flavored mini donuts (limited edition) 10 oz bag barcode [025600089132](#)

4. TastyKake Frosted mini donuts 11.5 oz bag barcode [025600007877](#)

5. TastyKake Cinnamon Mini Donuts 10 oz bag
Barcode [025600085059](#)

6. TastyKake flavored 4.5 oz pie one Individual Glazed Chocolate flavored pie
barcode [025600083710](#)

6. TastyKake flavored 4.5 oz pie one individual Glazed Lemon flavored pie
barcode [025600009673](#)

7. TastyKake flavored 4.5 oz pie one individual Glazed Cherry flavored pie
barcode [025600009697](#)

I.) Lunchables

1. Hormel Natural Choice Honey Ham & Cheddar - Barcode [037600805520](#)
2. Hormel Natural Choice Pepperoni Pizza & Mozzarella Cheese Wrapped in Flatbread-
Barcode - [037600805582](#)
3. Hormel Natural Choice Turkey & Cheddar Turkey breast and white cheddar cheese wrapped in a flatbread- [037600805568](#)

J.) Lunchables

1. Kraft brand Lunchables Uploaded - includes 6-inch Turkey & Ham Sub Sandwich , Spring Water, Kellogg's Rice Krispies Treats , Cheez-it Baked Snack Crackers, kool -aid Tropical punch Single - Barcode [044700069608](#)
2. Kraft brand lunchables uploaded - Nacho Grande Cheese Dip & Salsa, spring water, fruit by the foot Berry Tie Dye, kool -aid Tropical punch Single - Barcode [044700069608](#)
3. Kraft Heinz Brand - Lunchables Snack Duos- 2 snack packs. Contains Turkey, Mozzarella and Mini Ritz crackers. Barcode [044700360620](#)
4. Kraft Heinz Brand - Lunchables Ham & American Crackers Stackers. Contains Oscar Mayer lean ham, kraft American prepared cheese product, crackers, chip AHOY cookies, Wild Cherry CapriSun. Barcode [044700006771](#)
5. Kraft Heinz Brand - Lunchables Nachos Cheese Dip & Salsa
6. Kraft Heinz Brand - Lunchables Pepperoni & Mozzarella, crackers.
Barcode [044700070925](#)
7. Kraft Heinz Brand - Lunchables Turkey & Cheddar with crackers contains Oscar Mayer Lean Turkey white meat only , kraft cheddar, crackers.
Barcode [044700024553](#)
8. Kraft Heinz Brand - Lunchables Ham & Swiss with crackers.
Barcode [044700024546](#)
9. Kraft Heinz Brand - Lunchables Extra Cheese Pizza. Barcode [044700024119](#)
10. Kraft Heinz Brand - Lunchables Ham & Cheddar contains Oscar Mayer Lean Ham, Kraft Cheddar, Crackers, Vanilla Creme Cookies. Barcode [044700360002](#)

11. Kraft Heinz Brand - Lunchables Dirt Cake contains Chocolate Cookie Crumbs, Frosting Chocolate Flavored Marshmallow Creme, Gummy Worms.

Barcode [044700074329](#)

12. Kraft Heinz Brand - Lunchables Cookie Dunks contains Mini Chocolate Chip Cookies, Marshmallow Creme, Sprinkles. Barcode [044700076200](#)

K.) 1. ConAgra Brands- Super Snack Pack pudding Vanilla Flavored- barcode [027000419816](#),

2. ConAgra Brands - Chocolate & Vanilla Flavored - barcode [027000419830](#)

3. ConAgra brands has several Snack pack juicy gels flavors for jello, strawberry, orange, lemon lime.

L.) Some Examples of Safe Peanut /Tree-nut Free Pepperidge Farm baked snack crackers are listed below . *However Pepperidge Farm product lines can also change. Reading Entire Label each time is the best way to be 100%.*

1. Pepperidge Farm Goldfish Original Baked Flavored Snack Crackers.

2. Pepperidge Farm Goldfish Pizza Flavored Snack Crackers.

3. Pepperidge Farm Goldfish Parmesan flavored Baked Snack Crackers.

4. Pepperidge Farm Goldfish Pretzel Flavored Baked Snack Crackers.

5. Pepperidge Farm Goldfish Colors Baked Snack Crackers.

M.)1. General Mills brand - Lucky Charms treats bars made now with bigger marshmallow with 8 Bars in a box

2. General Mills brand - Cinnamon Toast Crunch treats bars with 8 bars in a box.

3. Fruit Roll-Ups- brand us by General Mills

4. Fruit By The Foot, fruit Flavored snack- brand is General Mills

5. Fruit Gushers- brand is by General Mills

N.) Some Examples of Safe Peanut /Treenut Free Kellogg's Brand Poptarts . ***However Kellogg's brand does have products that aren't peanut & tree nut free on the shelf . The product lines can also change. Reading Entire Label each time is the best way to be 100%. Other Poptarts brand besides Kellogg's listed below have nuts in them or made on the same line as nut products.***

Pop tarts - Kellogg's only brand

1. ***Flavors are Frosted Strawberry, barcode 14.7 oz box barcode is [038000317101](#) Barcode for the 22 oz box is [038000317200](#)***
2. ***Frosted Blueberry,***
3. ***Variety pack is Frosted Cookies N Cream , Frosted Chocolate Fudge, Frosted Hot Fudge Sundae barcode for 21.1 oz is [038000191589](#)***
4. ***Frosted S'more barcode [038000321108](#) for the 14.7 oz box Barcode for 22 oz is [038000321207](#)***
5. ***Frosted Brown Sugar Cinnamon***
6. ***Kellogg's Frosted Strawberry Milkshake***
7. ***Kellogg's Frosted Cherry***

O.) Some Examples of Safe Peanut /Treenut Free Candy for different brands. ***However some of the different brands does have products that aren't peanut & tree nut free on the shelf . The product lines can also change. Reading Entire Label each time is the best way to be 100%.***

Candy

1. **Andes Mints**
2. **Charms Sweet Pops, Charms Blow Pops / Charms Blow Pop Minis-** Brand is Charms LLC division of Tootie Roll
3. **Dots**
4. **American Original Double Bubble Gum ? flavors Original, Apple, Grape, Watermelon only safe Brand is Conford Confections division of Tootsie Roll**
Read the entire label each time some double bubble gum brands are not peanut/ tree-nuts
5. **Dum Dum Pops- (Only the Spangler Brand)**
6. **Good & Plenty licorice candy** - Distributed by The Hershey Company
7. **Hot Tamales**
8. **Airheads**
9. **Lifesavers Hard Candies-** Flavors Wint O Green and Peppermint and Orange - Distributed by WM Jr Wrigley
10. **Lifesavers Gummies/ Lifesavers Gummies** - Distributed by Mars Wrigley
11. **Mike and Ike Original chewy fruit candy**
12. **Milk Duds** made with chocolate and caramel-Brand is Distributed by The Hershey Company

13. **Jolly Rancher Hard Candy / Jolly Rancher Doubles, Jolly Rancher Stix** - Brand is Distributed by The Hershey Company
14. **Pez**
15. **Push Pop**- Manufactured by The Topps Company is
16. **Rolo Chewy Caramels in Milk Chocolate**- Distributed by The Hershey Company
17. **Skittles** ? Distributed by WM Wrigley Jr
18. **Smarties**- Brand is Smarties Candy Company
19. **Sour Patch Kids**- Flavors are Original, Watermelon, Tropical - Distributed by Mondelez Global LLC 4 oz bags or 3.5 oz Individual box
20. **Sour Punch Straws** ? Apple, Strawberry
21. **Starburst Fruit Chews** ? Distributed by WM Wrigley Junior
22. **Starburst Gummi Bursts**
23. **Starburst Jelly Beans**
24. **Sugar Babies**- Distributed by Charms, LLC
25. **Sugar Daddies**- Distributed by Charms, LLC
26. **Swedish Fish**
27. **Tootsie Pops**- Brand Tootsie Roll Industries
28. **Tootsie Rolls** ? Chocolate and Fruit Flavors Brand - Tootsie Roll Industries
29. **Twizzlers**- Brand is Distributed by The Hershey Company
30. **Whoppers Malted Milk Balls Original Only** - Brand is Distributed by The Hershey Company
31. **Lik-m-aid Fun dip**- brand Nestle
32. **Nerds** - Nestle
33. Laffy Taffy - Nestle brand flavors Sour Apple, Banana, Blue Raspberry, Grape , Strawberry,
34. Super Bubble Gum- Distributed by Ferrara Candy Company Flavors are Original , Apple, Grape
35. Sweetarts Chews and Sweetarts tangy hard candy , Sweetarts Extreme Sour Chewy Candy, Sweetarts mini chewy- Brand is Nestle
36. Original Spree Candy- brand is Nestle
37. Original Sixlets Chocolate candies - Distributed by SweetWorks Confections, LLC
38. Airheads Assorted Mini Bars and Airheads Xtremes Bites - Made by Perfetti Van Melle USA. Inc. Flavors are Cherry, Blue Raspberry, Watermelon, White Mystery
39. Tootsie Caramel Apple Pops - made by Tootsie Roll Industries
40. Pixy Stix - Brand is Nestle flavors are Grape, Maui lunch, Cherry, orange , cucumber watermelon, Mango Lime, Pineapple
41. Everlasting Gobstopper jawbreaker candy - brand is Nestle
42. Haribo Gold- Gummy Bears -Manufactured by Haribo of America
43. Bottlecaps the soda pop candy - Brand is Nestle
44. Hersheys plain kisses milk chocolate 3ounce bag- barcode is [03400013401](#) at Dollar General by The Hershey Company
45. York peppermint chocolate pattie - Distributed by The Hershey Company
46. Hershey Milk Chocolate Plain Individual 1.55 oz bar. Barcode is [03424005](#)

45. Weathers Original Candies by brand Stork-
Caramel Hard Candy, Soft Caramels, Caramel Coffee hard candy, Chewy Caramels
are safe so far. Always read the entire label to double check.

**(Werthers Brand by Storck the Original Cocoa Creme hard candy is not safe it has
peanuts and treenuts in it**

Potatoe Chips

**Bugles Crispy Corn Snacks Brand is by General Mills - Flavors Original, Ranch
and Nacho Cheese**

Rold Gold Pretzels Brand - Pretzel Sticks Original , Tiny Twist Original,

**Pringles Potato Crisps - Manufactured by Pringles - Flavors The Original, Sour
Cream and Onion , BBQ, Cheddar Cheese, Cheddar & Sour Cream**

Potato Chips

**Frito Lays Brand - Ruffles Original , Cheddar and Sour Cream, Mozzarella N
Marinara, Jalapeno Ranch. Funyuns, Lays Classic & Sour Cream & Onion,
BBQ, Doritos Nacho Cheese & Cool Ranch flavor , Wavy Original Pototes Chips
Cheetos Crunchy , Cheetos Puffs**

**Fritos Original and Chili Cheese Flavored Corn Chips. Lays Popplables White
Cheddar, Lays Poppable Sea Salt , Lays Dill Pickle, Lays Salt & Vinegar , Lays
Wavy Ranch, Lays Hickory BBQ , Lays Honey Barbecue, Lays Sweet Southern
Heat Barbeque.**

- 1. Smart food White Cheddar popcorn- brand is smartfoods**
- 2. Smartfood popcorn caramel and cheddar mix flavored - brand is Smart Foods**

Dips

- 1. Tostitos dip etizers Cheesy Spinach in a 10 oz box by Frito Lays brand**
- 2. Lays French Onion Dip 15 oz bottle by Frito Lay**
- 3. Lays Smooth Ranch Dip 15 oz bottle by Frito Lay**
- 4. Frito lay French Onion 8 1/2 oz container**
- 5. Fritos brand bean dip original flavor 9 oz container**
- 6. Fritos brand mild Cheddar 9oz container**

- 1. Motts Applesauce flavors**

2. Motts fruit flavored assorted fruit snacks by General Mills

3. Shopkins Shortbread Cookie Bites- Distributed by Clever Cookie

4. Yoplait Go-Gurts

5. Dannin Danimals Smooth